

scoop it up cheese spread

MAKES 25 SERVINGS

Little ones love the interactive pleasure of dipping, and this reduced-fat adaptation of a classic Southern cheese spread makes scooping guilt free.

6 oz low-fat cream cheese

1 cup (8 fl oz) Veganaise® or low-fat mayonnaise

1 teaspoon onion powder

¼ teaspoon granulated garlic

4 tablespoons pimentos, drained, patted dry, finely chopped

8 oz reduced-fat sharp cheddar cheese, shredded

4.5 oz reduced-fat Monterey jack cheese, shredded

Purchase Note:

Look for mayonnaise with no high fructose corn syrup (HFCS) or corn syrup.

1 In mixer, blend cream cheese until smooth. Add Veganaise®, onion powder, and granulated garlic and mix until well combined.

2 Fold in pimentos and shredded cheeses. Refrigerate until ready to serve.

Makes: 3⅓ cups
Serving Size: 2 tablespoons

Recipe courtesy of:  **rainbow**
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